When: September 21, 2013

Where: Curtis Culwell Center

4999 Naaman Forest Blvd.

**Event Schedule:** 

Race Day Registration: 7:15 a.m.

5k Race: 8:15 a.m.

Awards: 9:30 a.m.

- Overall Male & Female
- Top three finishers in age/gender:
- 10 & under, 11-14, 15-19, 20-29, 30-39, 40-44, 45-49, 50+

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 A free race t-shirt & goodie bag to participants registered by 9/6.

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## Packet Pickup:

Friday, Sept 20 from 3-6 p.m. At Curtis Culwell Center

On Race Day, Saturday, Sept 21, from 7:15 a.m. At Curtis Culwell Center

## H2O 5K Race Registration Form 2013

Name: Address:		Phone:	
		Email:	
City:	State:	Zip:	
Age on Race Day:	DOB://	Gender: M or F	
T-shirt: S M L XL XXL			
Registration (received by 9/6) only	\$10 & get a free pe	erformance T-shirt!	
<b>\$15 after 9/6 and on race day.</b> (Cash/Cday for late registrations.	check only on race day	y.) Limited amount of shirts available on race	
Make checks payable to: City of Garlar	nd		
Send form and fees to: Attn: Paula B	reysacher, PO Box 46	9002, Garland, TX 75046-9002	
land Independent School District, the sponsors of the exees, officers, directors, volunteers and agents from any logical injury (including paralysis and death), illness, all opation in the Healthy Living Expo Race activity or use of nize and acknowledge the risk of physical injury and agrany injury sustained while participating in activities relatment. I hereby fully release, hold harmless and indemn resulting from its intentional acts or negligence, includir attorney's fees, to the fullest extent provided by the exees while successfully defending a suit or cause of action burse the Hosts for their time and expense of successful	vent, and the municipalities in and all claims, including claim damages of any type, or economic the Hosts' facilities or equipmee to assume the full risk of a ted to the Healthy Living Exposify the Hosts' agents, employing all such causes of action basters negligence doctrine as subrought in relation to my par lly defending such suit. Furth	the Healthy Living Expo ("the HLE"), the City of Garland, Gar- which I run (collectively, "the Hosts") and the Hosts' employ- is of negligence resulting in any physical, emotional, or psycho- pomic or emotional loss that I may suffer because of my partici- tionent, including travel to, from and during the Activity. I recog- iny injuries, including death or damages, that may result from a Race Activity or from using the Hosts' facilities or equip- ies and representatives from any liability arising out of or sed upon common, constitutional, or statutory law, including et forth by the Supreme Court. If the Hosts incur any expens- ticipation in any Healthy Living Expo Activity, I agree to reim- ermore, I authorize any emergency medical or dental treat- l understand the Healthy Living Expo Race Waiver and Release	
I/we also know that although police prote Fees are non-refundable. T-shirt sizes and ment by this signature, and my parent's c	re not guaranteed. I/v	ve read the foregoing and certify my agree-	
Chip timing provided by Chip-2-Chip Tim	ing.		
Signature:		Date:	

(Must be signed by parent if under 18 years.)