

April 2018

Hollabaugh Recreation Center

3925 W. Walnut St., Garland, TX 75042 • 972-205-2721 • HHRC@GarlandTX.gov • GarlandParks.com

PROGRAM SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9 a.m.	Boxing Fitness 9 a.m.	Boxing Fitness 9 a.m.	Boxing Fitness 9 a.m.	Boxing Fitness 9 a.m.		Ballet & Tap Combo 9:15 a.m. Kidz Love Soccer 9 a.m.
10 a.m.						Ballet & Tap Combo 10 a.m. Kidz Love Soccer 10:15 a.m.
11 a.m.						Kung Fu Beginners 11 a.m. Kidz Love Soccer 11 a.m.
Noon						Self-Defense Noon Kung Fu Advanced 12:15 p.m.
1 p.m.	Fitness 101 By appointment only	Fitness 101 By appointment only	Fitness 101 By appointment only	Fitness 101 By appointment only		
2 p.m.						
3 p.m.	The Childbloom Guitar Program 3 & 3:30 p.m.					
4 p.m.	The Childbloom Guitar Program 4:10 & 4:45 p.m.					
5 p.m.	The Childbloom Guitar Program 5:20 p.m.	Circuit Training 5 p.m. Kidz Love Soccer 5:30 p.m.		Circuit Training 5 p.m.		
6 p.m.	Cheer Combo 6 & 6:30 p.m. Zumba 6 p.m. Double Dutch Fitness and Aerobics 6 p.m.	Zumba 6 p.m. Pilates 6:30 p.m. Kidz Love Soccer 6:15 p.m.	Zumba 6 p.m. Double Dutch Fitness and Aerobics 6 p.m.	Pilates 6:30 p.m.		
7 p.m.	Kung Fu Beginners 7 p.m.	Kung Fu Beginners 7 p.m.				
8 p.m.	Kung Fu Advanced 8 p.m.		Kung Fu Advanced 8 p.m.	Flo4Us 8 p.m.		

All program information subject to change and availability. Registrations accepted on first-come, first-serve basis. Waitlists available for most full programs. Pre-registration required for most programs. A program may cancel if minimum number of registrations is unmet. A City of Garland waiver and release of claim is required prior to participating in any program. All programs occur weekly unless noted with a date.