

June 2017

# Granger Recreation Center

1310 W. Avenue F, Garland, TX 75040 • 972-205-2771 • GRC@GarlandTX.gov • GarlandParks.com

## PROGRAM SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9 a.m.						<b>Tae Kwon Do</b> 9 a.m.  <b>Zumba</b> 9 a.m.  <b>Garage Sale</b> June 24 9 a.m. - 1 p.m.
10 a.m.	<b>Archery</b> 10 a.m.  <b>Competitive Cheer Camp</b> 10:30 a.m.	<b>Competitive Cheer Camp</b> 10:30 a.m.	<b>Competitive Cheer Camp</b> 10:30 a.m.	<b>Competitive Cheer Camp</b> 10:30 a.m.	<b>Competitive Cheer Camp</b> 10:30 a.m.	
3 p.m.		<b>Lil' Dribblers</b> 3 p.m.	<b>Lil's Tots Soccer</b> 3 p.m.	<b>T-Ball</b> 3 p.m.		
4 p.m.	<b>Fitness 101</b> By appointment only	<b>Fitness 101</b> By appointment only	<b>Fitness 101</b> By appointment only	<b>Fitness 101</b> By appointment only	<b>Fitness 101</b> By appointment only	
5 p.m.		<b>Boxing for Kids</b> 5 p.m.	<b>Little Cheer &amp; Tumblers</b> 5 p.m.  <b>Competitive Cheer Combo</b> 5:30 p.m.			
6 p.m.		<b>Boxing Fitness</b> 6 p.m.  <b>Zumba</b> 6 p.m.	<b>Zumba</b> 6 p.m.			
7 p.m.	<b>Fan &amp; Flare Dance</b> 7 p.m.  <b>Tae Kwon Do</b> 7 p.m.	<b>Ramblin' Rounds</b> 7 p.m.		<b>Pencak Silat Self Defense</b> 7 p.m.		

All program information subject to change and availability. Registrations accepted on first-come, first-serve basis. Waitlists available for most full programs. Pre-registration required for most programs. A program may cancel if minimum number of registrations is unmet. A City of Garland waiver and release of claim is required prior to participating in any program. **All programs occur weekly unless noted with a date.**

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## OPEN GYM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> N: 1 - 8:45 p.m. S: 1 - 8:45 p.m.	<b>2</b> N: 1 - 4:45 p.m. S: 1 - 4:45 p.m.	<b>3</b> N: 9 a.m. - 3:45 p.m. S: 9 a.m. - 3:45 p.m.
<b>5</b> N: 9 a.m. - 8:45 p.m. S: 11 a.m. - 8:45 p.m.	<b>6</b> N: 9 a.m. - 8:45 p.m. S: 9 a.m. - 2:30 p.m. 4 p.m. - 8:45 p.m.	<b>7</b> N: 9 a.m. - 8:45 p.m. S: 9 a.m. - 2:30 p.m. 4 p.m. - 8:45 p.m.	<b>8</b> N: 9 a.m. - 8:45 p.m. S: 9 a.m. - 2:30 p.m. 4 p.m. - 8:45 p.m.	<b>9</b> N: 9 a.m. - 4:45 p.m. S: 9 a.m. - 4:45 p.m.	<b>10</b> N: 9 a.m. - 3:45 p.m. S: 9 a.m. - 3:45 p.m.
<b>12</b> N: 9 a.m. - 8:45 p.m. S: 11 a.m. - 8:45 p.m.	<b>13</b> N: 9 a.m. - 8:45 p.m. S: 9 a.m. - 2:30 p.m. 4 p.m. - 8:45 p.m.	<b>14</b> N: 9 a.m. - 8:45 p.m. S: 9 a.m. - 2:30 p.m. 4 p.m. - 8:45 p.m.	<b>15</b> N: 9 a.m. - 8:45 p.m. S: 9 a.m. - 2:30 p.m. 4 p.m. - 8:45 p.m.	<b>16</b> N: 9 a.m. - 4:45 p.m. S: 9 a.m. - 4:45 p.m.	<b>17</b> <b>No Open Gym!</b>
<b>19</b> N: 9 a.m. - 8:45 p.m. S: 11 a.m. - 8:45 p.m.	<b>20</b> N: 9 a.m. - 8:45 p.m. S: 9 a.m. - 2:30 p.m. 4 p.m. - 8:45 p.m.	<b>21</b> N: 9 a.m. - 8:45 p.m. S: 9 a.m. - 2:30 p.m. 4 p.m. - 8:45 p.m.	<b>22</b> N: 9 a.m. - 8:45 p.m. S: 9 a.m. - 2:30 p.m. 4 p.m. - 8:45 p.m.	<b>23</b> N: 9 a.m. - 4:45 p.m. S: 9 a.m. - 4:45 p.m.	<b>24</b> N: 9 a.m. - 3:45 p.m. S: 9 a.m. - 3:45 p.m.
<b>26</b> N: 9 a.m. - 8:45 p.m. S: 11 a.m. - 8:45 p.m.	<b>27</b> N: 9 a.m. - 8:45 p.m. S: 9 a.m. - 2:30 p.m. 4 p.m. - 8:45 p.m.	<b>28</b> N: 9 a.m. - 8:45 p.m. S: 9 a.m. - 2:30 p.m. 4 p.m. - 8:45 p.m.	<b>29</b> N: 9 a.m. - 8:45 p.m. S: 9 a.m. - 2:30 p.m. 4 p.m. - 8:45 p.m.	<b>30</b> N: 9 a.m. - 4:45 p.m. S: 9 a.m. - 4:45 p.m.	
<p>***Schedule subject to change. ***You are required to purchase and scan your Garland ID card to be inside the facility.  <b>City of Garland recreation centers are closed on Sundays.</b></p>					

**Summer Nutrition Program**  
 Available at Granger Recreation Center  
 11 a.m. to 1 p.m.

The program provides free nutritious meals to children ages 1 to 18 and young adults with disabilities when school is out for the summer. The Summer Nutrition Program will run from June 5 to Aug. 4, 2017. All sites are open Monday through Friday, except July 4. Come discover a new way to have fun! No registration or proof of income required.



**GARLAND**  
 PARKS, RECREATION &  
 CULTURAL ARTS